

# Beauty Bonus

## GREY MINISTRY GIRLS

TIPS AND TRICKS FOR WHEN  
YOU NEED A PICK-ME-UP







# TANIA

"Loving yourself isn't vanity, it is sanity"

- ANDRE GIDE



WILLOW & EVERETT  
STAINLESS STEEL WATER BOTTLE- \$19.99

Oh, For the Love of Coffee



WORLD MARKET, 'BUT COFFEE FIRST' MUG, BLACK MATTE- \$10.66

Encouragement for the tough days



DoTerra  
Grapefruit Essential Oil  
(wholesale \$16.00)

REGULAR- \$20.79. DON'T WANT TO SIGN UP FOR WHOLESALE? CHECK OUT PLANT THERAPY- \$9.95

I love DoTerra, mainly because it's the first brand I was introduced to and it has been a *game changer* in my home. Grapefruit oil is one I use and need daily. A few drops in my water gives it great flavor & it has dozens of wonderful properties.

Grapefruit is also really acidic and breaks down synthetics so a stainless steel bottle is a must!



DoTerra  
Essential Oil Diffuser

DOTERRA PETAL DIFFUSER- \$52.01

HAVE YOU TRIED THIS HOT PICK?!

## BENTONITE CLAY



My skin gets crazy congested- hello clogged pores! Which causes breakouts. I combine this clay with water or apple cider vinegar for a cleansing detox, leaving my skin fresh and clean. You can feel it tingling as it works its magic!

MOLIVERA ORGANICS BENTONITE CLAY FOR DETOXIFYING AND REJUVENATING SKIN AND HAIR- \$12.24

Silky Skin & Strands

I don't do well with strong scents and this lotion is light and airy while providing plenty of moisture, especially during the cold months.

NIVEA SMOOTH DAILY MOISTURE BODY LOTION- \$5.48



All the blonde I've painted in my hair has really dried out my strands, this is my go-to! It leaves my hair hydrated and silky smooth.

HASK KERATIN PROTEIN DEEP CONDITIONING HAIR TREATMENT - \$9.32 (PACK OF FOUR)



## Makeup Essentials

"Must haves" that make me feel human.



COVER GIRL 'READY SET GORGEOUS' CONCEALER \$5.19

This is the one item I can't live without! I have multiple tubes in the car, in my makeup bag, my overnight bag. Not only is it long lasting but it doesn't crease (hate that!). Most importantly, it makes you look like you're the only person in the room who got any sleep! (Good thing too, because as the mom to an active little girl, I don't get enough!)



E.L.F. BRONZERS, COOL BRONZER \$2.99

I was born in Paraguay and my skin loses it's luster in the cooler, sunless months. To help keep a sun-kissed glow, I use E.L.F. bronzer to look fresh and brighten my complexion. A good bronzer can be hard to find but this one looks natural and lasts all day.



MAYBELLINE 'COLOSSAL BIG SHOT' MASCARA \$5.19

I LOVE this mascara. It gives the appearance of false lashes without over-doing it. The best part? No flakes!



# LEAH

"Simplicity is the keynote of all true elegance."

- COCO CHANEL

Being a redhead has specific beauty challenges! For example, blush- it's never the right color and don't get me started on mascara! That's why I was so happy to find the perfect eyebrow gel by Anastasia of Beverly Hills. I outline and fill in my brows lightly with the matching caramel eyebrow pencil and follow with the gel for eyebrows that look natural and stay all day!

**PRO SHOPPER TIP**  
Use Ebates to get 3% cash back on all Sephora purchases!



**ITEM** Anastasia of Beverly Hills Brow Gel (Caramel) **PRICE** \$22.00

Parisienne women say that by the age of thirty, a woman should have her signature scent. Mine? A blend of strawberry leaf, patchouli, violet, mandarin, musk, and jasmine. It's recommended for evening wear but thanks to the high acidic level of a ginger's skin mantle, a thin, acidic film on our skin's surface that evaporates perfumes quickly, this scent is perfect!

**ITEM** Miss Dior Eau de Toilette by Christian Dior **PRICE** \$22.00



## The most perfect T.

MADEWELL WHISPER COTTON CREWNECK TEE IN RUGBY STRIPE \$24.50

A striped t-shirt is a wardrobe essential. I love this one by Madewell. Not only is it light and comfortable but it doesn't twist in the wash (hate that!). It fits true to size, which makes ordering simple. Pair it with a pair of great sunglasses, jeans and loafers for a classy, "I didn't try, I just look great" look!

### MY SECRET WEAPON

## Full of vitamins, antioxidants & beneficial fatty acids- rosehip oil does it all.

Rosehip oil is an under-used beauty superpower that boasts anti-ageing properties, minimizes the appearance of dark spots, acne scars and cured my mild eczema. I apply it from head to toe after showering while still dripping wet. Yep. No towel-drying necessary. In fact, skipping the towel altogether is best! Bonus- it prevents breakouts!

MEASURABLE DIFFERENCE ROSE HIP HYDRATING BODY OIL- \$10.99



## Gentle Skin Care for Acne-prone Skin

How to get instagram-ready creamy skin



1. Origins 'Out of Trouble' 10 Minute Mask To Rescue Problem Skin, \$27.00.
2. Eau Thermale Avène Cleanance Cleansing Gel for Face and Body, \$30.00.
3. Eau Thermale Avène Thermal Spring Water, \$14.00.
4. Smashbox Studio Skin 24 Hour Concealer, \$22.00

## Hair Tools & Products

Are you a fan of Target? Me too! Canada, I cannot come back because Target is no longer there. On your next Target run, grab this awesome leave-in conditioner for silky-smooth, shiny strands.

KRISTIN ESS WEIGHTLESS SHINE LEAVE IN CONDITIONER, \$10.00



Need a great flat iron that doesn't break the bank? Paul Mitchell Pro Tools Express Ion Style+ Styling Iron is the BEST. Not only will it last forever but it's dual voltage which means it travels easily on your next European vacation. Not that you'll need to do your hair in Paris, anyway. Let it be free and the wind will do the rest. Paul Mitchell Pro Tools Express Ion, \$99.90.